

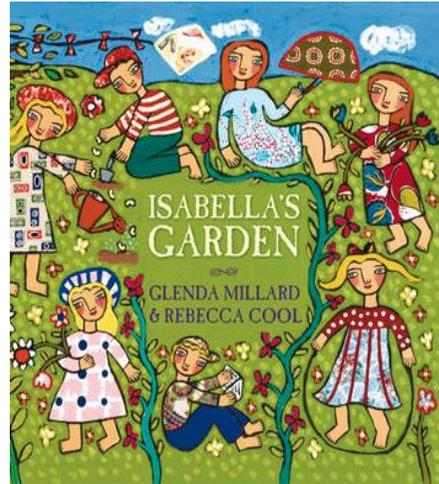
Fine Motor / Gross Motor Suggested Activities

1. Can you make a simple obstacle course in your garden. You could hop on leaves, jump over a log, run to the fence, pick up 4 leaves etc. Be creative and adventurous and get you family involved! Get physical and have fun!

2. Ask mum if she has a bag of beans and some bowls or cups. Use tongs, tweezers or pegs (or your fingers if no tongs) to pick up the beans and count them into the containers.

3. If you have access to seeds plant them in a pot. Take care of the seeds – put them in the sun and water them regularly. Document what happens.

4. Help cut up fruit and vegetables for fruit time or dinner time. A great way to build fine motor skills.



Term 2 - Weeks 3 and 4

Creative / Sensory Suggested Activities

1. Design your own garden. Draw and label your garden.
2. Collage – using your collection of leaves, bark etc. from the garden make a picture using natural materials and have an adult write your story down for you.
3. Be a pattern detective and look for patterns in the garden. Take a photo and /or draw, paint what you found.
4. Collect some sand in a tray and make a mini garden of your own. Label your garden.
5. Make a magic garden in a plastic container – add glitter, twigs, tissue paper etc. Discuss who might live in the garden. Make creatures out of plasticine to add to it.
6. Paint a picture of your favourite tree or flower. You could set up the painting in the garden. Add a story about your painting and why you chose them.
7. How many different kinds of creatures can you find in your garden? Snails, birds, lizards, bandicoots. Make a list or a book and draw/ paint them. Write about your discoveries.
8. Do a still life drawing of a vase of flowers or a bowl of

General / Mindfulness Suggested Activities

Sit on a rug outside, close your eyes and listen for all the sounds you can hear in the garden.

Ask an adult to write down all the different sounds you could hear. What sounds did you like or dislike and why?

Close your eyes and imagine a magic garden. Think about what would be in it. Tell someone about it then draw or create it!